



Embody™ Chairs

I DON'T DWELL
TOO MUCH IN THE
WHAT IS.

I SPEND MUCH MORE
OF MY TIME THINKING
ABOUT WHAT ISN'T.

BILL STUMPF 1936-2006

DESIGNER OF ERGON®, CO-DESIGNER EQUA®, AERON®, AND EMBODY CHAIRS



A close-up, low-angle shot of the backrest of a white ergonomic office chair. The chair features a yellow mesh backrest and white plastic adjusters. The background is a solid, bright yellow. The text "BE UNSTILL." is overlaid in white, bold, sans-serif font on the right side of the image.

BE UNSTILL.

**EMBODY. THE FIRST CHAIR DESIGNED
TO SUPPORT YOUR BODY AND MIND.**

Jeff Weber and his visionary design partner Bill Stumpf set out to create a chair that solved a problem no one else was addressing—the lack of harmony between people and their computers.



JEFF WEBER PRINCIPAL AND LEAD DESIGNER, STUDIO WEBER + ASSOCIATES

FORM AND FUNCTION ARE ONE.

This was the design principle used in the making of Embody. Every part of the chair was designed to serve a very specific, healthful purpose. None of its technology is hidden, but instead, is part of its aesthetic.

After years of research and design, building, testing, then doing it all over again (and again), the art of design and the science of seating perfectly came together, creating a chair—and an idea—unlike any other.



**CREATING HARMONY BETWEEN
PEOPLE AND THEIR TECHNOLOGY.**

Embody recognizes that people and their computers have a strained relationship. We sit and stare at our monitors for hours, motionless, clicking stuff. This lack of movement isn't healthy. For our bodies, or our minds.

OUR ECONOMY RUNS ON IDEAS.

We get paid for our brain's daily output. So we had an idea. Why not design a chair that helps you better focus on your ideas? Big ideas. Small ideas. Small ideas that turn into big ideas.

MOVEMENT ENERGIZES THE BRAIN.

Our bodies and minds work best when they're in motion. Movement allows blood and oxygen to flow more freely. This keeps our brain more focused. Embody lets you move like no other chair.

**TECHNOLOGY
MISSHAPES
US EVERY
MINUTE. HOUR.
DAY.**

BEND. FLEX. TWIST. TURN. REPEAT.



NO OTHER CHAIR LETS YOU MOVE LIKE THIS.

THE FEELING OF FLOATING.

Embody's Pixelated Support™ technology is in both the seat and chair back. It automatically conforms to your body's micro-movements, distributing your weight evenly. This improves blood flow, lowers resting heart rate, and eliminates discomfort and distractions. The feeling is as if you're floating in your chair.



AN INSTINCTIVE BACK, LIKE YOUR BACK.

Embody's back is inspired by the human spine. The back is alive. As you twist and turn in your chair, Embody moves with you. Its Backfit™ adjustment adapts to the unique curvature of your spine, holding your head in balance to your technology while you move freely and naturally.



A PURPOSEFUL SKIN.

The exoskeletal form of Embody was inspired by the human spine, so we thought, why not make the chair's covering behave like skin? Herman Miller collaborated with materials designer Susan Lyons to create new textiles specifically for Embody.

Embody uses spacer and knit constructions, the kind used in sneakers and geo-textiles.

They cushion the sitter, are breathable, translucent, and resilient.

Every bit of material used is purposeful. Nothing is wasted or superfluous.

Embody's frameless, narrow back allows your arms and shoulders to move more freely. This movement helps open your lungs and encourages deeper breathing, as well as more focused thinking.

NARROW BACK.

The Embody tilt provides three zones of support that introduce a new model of kinematics that stabilizes the pelvis and supports the upper back without pressure on the thighs. This technology supports the spine through a wide range of work postures.

ZONED SUPPORT.

In the working recline, Embody shifts your weight to the chair's back, helping your head and eyes stay perfectly aligned with your computer display.

THE WORKING RECLINE.

The support continues in Embody's maximum tilt position, allowing reflective tasks such as talking on the phone, stretching, and most importantly, thinking.

REFLECTIVE RECLINE.





**EMBODY IS
DIFFERENT.
BECAUSE
EVERY BODY
IS DIFFERENT.**

Combining simple adjustments with instinctive design, Embody fits a wide assortment of body sizes, shapes, and spinal curves, in all kinds of workplaces. One size for all.



PAPAYA / WHITE / TITANIUM

PAPAYA / WHITE / POLISHED ALUMINUM

BLACK / GRAPHITE / GRAPHITE

BLACK / GRAPHITE / POLISHED ALUMINUM

BLACK / GRAPHITE / TITANIUM

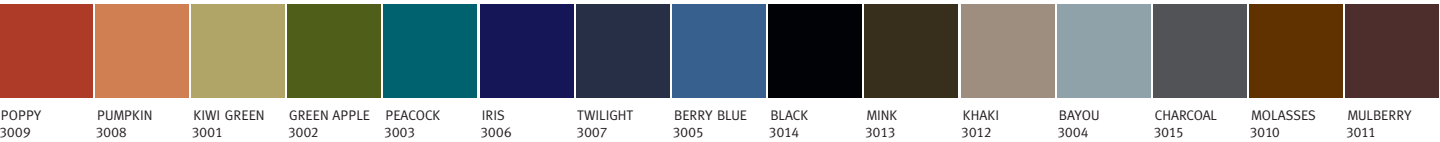
IDEAS COME IN MANY COLORS.

Build your own Embody and download a PDF of your customized chair.
Visit [HermanMiller.com/EmbodyExperience](https://www.hermanmiller.com/EmbodyExperience) to begin.

BALANCE TEXTILE



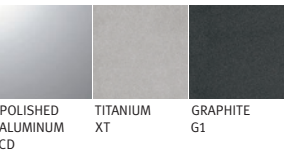
RHYTHM TEXTILE AVAILABLE SPRING 2009



FRAME



BASE



CASTERS



